



Does Early Joint Trauma Lead to Osteoarthritis?

This study, published in an internal medicine journal, describes the increased risk of oateoarthritis following trauma, then reveals that surgery also increases that risk, and goes on to suggest that those risks can be reduced with conservative chiropractic care.

Commentary: This study emphasizes the importance of early chiropractic care after trauma. This is especially important for young athletes who frequently experience this type of trauma.

SOURCE: Annals of Internal Medicine 2000; 133(5) Sept 5: 321-328

Adjustments vs. Massage For Headache Pain

SMT appears to have a better effect than massage for cervicogenic headache. It also appears that SMT has an effect comparable to commonly used first-line prophylactic prescription medications for tension-type headache and migraine headache. This conclusion rests upon a few trials of adequate methodological quality. Before any firm conclusions can be drawn, further testing should be done in rigorously designed, executed, and analyzed trials with follow-up periods of sufficient length.

Commentary: Combining chiropractic with massage has been very effective in helping patients overcome chronic stress related headache pain in many chiropractic offices.

SOURCE: J Manipulative Physiol Ther 2001; 24 (7) Sept: 457-466

Our Office Hours:

Ridgeley, WV Office:

Monday, Wednesday, Friday:
9AM-12PM & 2-6PM

Saturday: 9:30AM-11:30AM

304-738-0500

Keyser, WV Office:

Tuesday – Thursday: 3PM-6PM

304-738-0500

Tell Others About Our Practice. We Always Welcome New Patients And Your Referrals Are Sincerely Appreciated! Thank You For Helping Others.

MASSAGE THERAPY SPECIAL*

30 Minute Massage \$15.00

* First Time Customers Only

Supplement of the Month

Glucosamine- Successful treatment of osteoarthritis must effectively control pain, and should slow down or reverse progression of the disease. Biochemical and pharmacological data combined with animal and human studies demonstrate glucosamine sulfate is capable of satisfying these criteria.

Our Lasting Purpose

To adjust as many families as possible in order to express and maintain their optimal potential, naturally, without drugs or surgery, with the highest quality chiropractic care.

Our Mission

To educate our community that life and health come from within and that the maintenance of health is far superior that the treatment of disease.

We strive every day to bring greater harmony, balance and order in the lives of those we meet so as to maximize life.

HOW CAN WE HELP YOU? LET US KNOW...IT'S OUR PLEASURE TO SERVE YOU.

Remember... " Never Look Back Always Look Forward Make Today Count." ~ Jill McPartland