

**10-Hr CA Class - Complete this exam and return with contact page.**

- 1) Bioethics guides the often complicated negotiations that characterize contemporary decisions about health care.
  - a) True
  - b) False
  
- 2) Nonmaleficence is term meaning to only do harm only if the benefits must result in some harm.
  - a) True
  - b) False
  
- 3) The discussion and resolution of ethical issues does not require critical thinking skills.
  - a) True
  - b) False
  
- 4) Seeing a person who is in extreme pain ahead of patients with earlier appointments is an example fair distribution of practice resources and is just.
  - a) True
  - b) False
  
- 5) Which of the following is not a basic principle of professional ethics?
  - a) Accountability
  - b) Responsibility
  - c) Advocacy
  - d) Veracity
  - e) Convincibility
  
- 6) The "Code of Ethics" demands all the following except:
  - a) Respect for human dignity
  - b) Informed Judgment
  - c) Protecting the public from misinformation
  - d) Making sure all money is collected at the time of service

- 7) Which is not a requirement of patient confidentiality?
- a) Maintaining patient privacy
  - b) Never copying patient records without permission
  - c) Discussing a husband's care on the phone with his wife without his written permission
  - d) All of the above are requirements
- 8) The "Clarification of Values" includes all but which of the following processes?
- a) Making choices when alternatives are presented
  - b) Choosing freely, from alternatives, after considering all consequences of choices
  - c) Acting differently than your chosen and stated beliefs
  - d) Publicly affirm your choices
- 9) The CA's role in Implementing the Patient's Bill of Rights requires what
- a) Being the patient's advocate
  - b) Knowing what the patient's individual bill of rights states
  - c) Following ethical and professional guidelines
  - d) All of the above are correct
- 10) One's ability to maintain their center of gravity (COG) within stability limits is known as what?
- a) Stagger
  - b) Postural Stability
  - c) Lateral Sway
  - d) Coordination
- 11) The foundation of balance is known as \_\_\_\_\_.
- a) Coordination
  - b) Core Strength
  - c) Sway
  - d) Compensation

- 12) The contribution of sensory systems to overall balance includes all but which of the following systems?
- a) Olfactory
  - b) Visual
  - c) Somatosensory
  - d) Vestibular
  - e) All are required for proper balance
- 13) The system used to orient the head to maintain a level gaze is known as \_\_\_\_\_?
- a) Vestibular
  - b) Visual
  - c) Peripheral
  - d) Somatosensory
- 14) Injury or disease of the eyes, inner ears, spinal cord, DJD, hip damage or tumors are all causes of \_\_\_\_\_.
- a) Impaired Balance
  - b) CVA or Stroke
  - c) Loss of Motor Control
  - d) None of the above
- 15) Improvement in balance, lower extremity strength, and decreased risk of falling in elderly patients are all positive benefits and effects of \_\_\_\_\_.
- a) Chiropractic Adjustments
  - b) Balance Training
  - c) NSAID Medications
  - d) Frequent Checkups
  - e) All of the Above

- 16) Core stability training to improve COG usually begins in what position?
- a) Supine
  - b) Seated
  - c) Upright
  - d) Prone
  - e) A and B are Correct
- 17) The (BOS) base of stance should change from \_\_\_\_\_ to \_\_\_\_\_ as balance training progresses.
- a) narrow to wide
  - b) front to back
  - c) wide to narrow
  - d) back to front
  - e) None of the above
- 18) The state of muscular and skeletal balance that protects the supporting structures of the body against injury or progressive deformity irrespective of the attitude in which these structures are working or resting is known as \_\_\_\_\_.
- a) Core Strength
  - b) Base of Stance
  - c) Center of Gravity
  - d) Posture
  - e) None of the above
- 19) Increased strain on the bodies supportive structures occurs with \_\_\_\_\_.
- a) Poor Posture
  - b) Arthritis
  - c) Muscle Spasm
  - d) None of the above

- 20) \_\_\_\_\_ indicates that a mechanical deformation or chemical process has stimulated the nociceptors in the symptomatic structures.
- a) Decreased ROM
  - b) Abnormal Posture
  - c) Pain
  - d) Scoliosis
  - e) Tissue Scarring
- 21) A deviation from postural ideal alters the efficiency of the biomechanical system subjecting it to \_\_\_\_\_.
- a) Instability
  - b) Swelling or Edema
  - c) Breakdown
  - d) Degeneration
  - e) Faulty Movement
- 22) Force couple is defined as two forces of equal magnitude but opposite direction with parallel lines of application.
- a) True
  - b) False
- 23) The efficiency and longevity of a biomechanical system does not require maintenance of ideal movement patterns.
- a) True
  - b) False
- 24) Muscle length changes can occur with prolonged postural changes.
- a) True
  - b) False
- 25) Kinesiopathology is the study of abnormal movement as the cause of human pathology.
- a) True
  - b) False

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